



West Ottawa Soccer Club Indoor Youth Rec League (U10-12) Laws of the Game

Introduction

The WOSC Indoor Youth Rec League (U10-12) follows the current [Ontario Soccer Small Sided Laws of the Game](#). This document is not a replacement for the Laws of the Game, but rather a supplement for referees. The Laws of the Game should be applied in conjunction with the appropriate WOSC Competition Rules.

Law 1 – THE FIELD OF PLAY

- 1) The smaller (silver) goals are to be used for youth matches.
- 2) Team benches must be on the same side of the field.

Law 2 – THE BALL

For U12 and younger age groups, the ball shall be Size 4.

Law 3 – THE PLAYERS

- 1) All players must be registered with the West Ottawa Soccer Club for the current season.
- 2) Each game will be 7-aside (6 outfield players and 1 goalkeeper).
 - a) Teams are required to have a minimum of 5 players on the field to start or continue the game.
 - b) A team shall be allowed a 10-minute grace period from the scheduled kick-off time.
 - c) The game clock will be started at the scheduled kick-off time. Any elapsed time is subtracted from the total game time.
 - d) If a team has less than 5 players after the 10-minute grace period, the game is forfeited to their opponent.
 - e) If a team forfeits a game regardless of the reason, the opposing team will be awarded a 2-0 win. If both teams have fewer than 5 players, the game will be recorded as 0-0.
- 3) Substitutions
 - a) Substitutions are unlimited and may take place at any time, including "on the fly".
 - b) A player being substituted must leave the field in the general area of their own team bench.
 - c) The substitute shall not enter the field of play until the player being replaced is within 4 meters of the incoming player in the general area of their own team bench.
 - d) An illegal substitution will result in a verbal warning to the offending team and an indirect free kick to the opponents where the ball was last played.

4) Short-Handed Rule

- a) If one team does not have enough players and is short-handed, the opposing team must play with only one player more on the field.
- b) It is recommended that teams share players if one team is short-handed.

5) High Scoring Game Rule

- a) A team behind by 4 goals shall add one player to the field until the score returns to a 3-goal differential.
- b) A team behind by 5 goals shall add a second player to the field until the score returns to a 4-goal differential.
- c) A maximum of 2 players can be added.

Law 4 – THE PLAYERS' EQUIPMENT

- 1) Footwear shall be appropriate for indoor soccer and the playing surface. Metal cleats are not allowed.
- 2) Players shall not wear anything which is dangerous to themselves or another player.
- 3) Team colors shall not conflict with each other or with the referee.
 - a) Goalkeepers shall wear colors which distinguish them from the players and the referee.
 - b) If there is a color conflict between the teams, the home team shall change jerseys.

Law 7 – THE DURATION OF THE MATCH

- a) The duration of the match shall be two equal halves of 25 minutes.
- b) The half-time interval shall not exceed 3 minutes, except with the referee's consent.
- c) All teams must be ready to play at the scheduled kick-off time. If a team is not ready to start play at the scheduled kick-off time, or at the beginning of the second half, the referee will start the time.
- d) Time may be shortened to conclude the game within its allotted field time.
- e) If time expires before the ball has entered the goal, a goal is not awarded.

Law 11 – OFFSIDE

There is no offside in indoor soccer.

Law 12 – FOULS AND MISCONDUCT

Slide tackling is not permitted.

- a) An indirect free kick will be awarded when a slide tackle is committed by any player, including the goalkeeper, outside the penalty area.
- b) A penalty kick will be awarded when a slide tackle is committed by any player of the defending team, including the goalkeeper, in his own penalty area.
- c) Sliding to score a goal or to save a ball from going out of play or in the goal, which does not constitute a "tackle" or endanger an opposing player in any way, is allowed if, in the opinion of the referee, there are no opposing players nearby.

Law 13 – FREE KICKS

All free kicks are indirect, except for the penalty kicks, according to the Small Sided Laws of the Game.

RETREAT LINE

The retreat line will come into play when the ball has gone out for a goal kick or when the goalkeeper has the ball in their arms. The retreat line shall be marked at the 1/3 yards of the field. The use of field markers outside the field of play to indicate the retreat line is recommended.

The ball is in play once it is kicked and clearly moves. All opponents must be behind the retreat line and cannot cross the retreat line until the ball:

- Is touched by a player of the team releasing the ball OR
- Leaves the field of play OR
- Crosses the retreat line.

If the goalkeeper chooses not to wait for the opposing players to "retreat" and releases the ball quickly, the opponents are permitted to challenge for the ball without going back to the retreat line.

WOSC COMPETITION RULES

1. *Eligibility*
 - a) All players must be registered with the West Ottawa Soccer Club for the current season.
 - b) Players registered with Representative teams (EODSA League, ERS�, etc.) are not eligible.
2. *Team/Spectator Location*
 - a) Both team benches shall be on the same side of the field, as chosen by the home team coach.
 - b) Team benches shall be set up at least 5 metres away from the halfway line and 1 metre away from the touch line. Coaches shall remain on their own half of the field during the game.
 - c) All spectators shall be located on the opposite side of the field from the team benches. Additionally, spectators are not permitted anywhere along the goal line.
3. *League Standings*

There will be no game results published or league standings kept for U12 or younger age groups.
4. *Discipline*
 - a) WOSC follows the Ontario Soccer (OS) Discipline by Review (DBR) System.
 - b) Coaches found guilty of red card offences will be penalized as per OS regulations.
 - c) Verbal or physical assault against a referee, team official and/or player will result in the immediate removal from the field and surrounding area.
 - d) Misconduct against referees will result in immediate suspension from the league and will be dealt with in accordance with the OS Discipline Policies and Procedures.
 - e) All serious incidents will be reported to Eastern Ontario Soccer (EOS).